



## **Do's and Don'ts When Getting a Divorce**

Parents need to make a parenting plan that is in the best interest of your child. When both parents are active in their kids' lives and do not fight over custody and visitation schedules, the children will usually do much better. Change is hard for children.

Resist the temptation to use emails, MySpace, Facebook or telephone messages to vent your feelings of anger or frustration at your spouse. Once you tell your spouse in an email or a telephone message what a jerk they are, you can be sure they will use it in court.

Follow these rules:

- Be professional and courteous in all emails and messages.
- Never say anything in an email or message or post anything to your Facebook, MySpace page that you would not want a Judge to read or hear.
- Never send an email or message in anger. Always wait a day or two to respond and once you have cooled down. Resist the reply button.
- Do not post pictures of your children on public pages on the web e.g. MySpace.
- If the Sheriff serves you with papers, DO NO DELAY in seeking legal representation.

For a consultation with attorney Glen J. Sneider with Sneider Law, call 863-467-6570.

**Professional. Principled. Passionate.**

200 S.W. 9th Street, Okeechobee FL 34974 - Tel: 863-467-6570 - info@sneiderlaw.com  
[www.sneiderlaw.com](http://www.sneiderlaw.com)